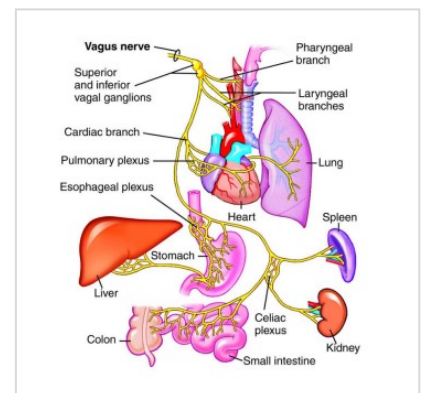
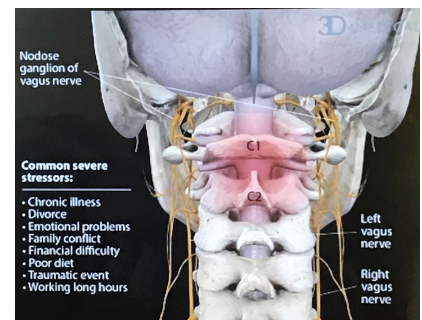


Did you know that slouching while using your phone could cause Vagus Nerve Syndrome and instability of cervical nerves?

The cellphone texting addiction has caused the ongoing neck cervical vertebrae instability and ultimately the current **vagus nerve** injury pandemic. The **Vagus Nerve Syndrome** can cause numerous health problems such as:

- Anxiety
- Cognitive impairment
- Crepitation
- Difficulty sleeping
- Dizziness
- Drop attacks
- Dysphagia
- Ear pain
- Facial pain
- Fatigue
- Headaches
- Irritability
- Lightheadedness
- Memory problems
- Migraines
- Nausea/vomiting
- Neck pain/stiffness
- Paresthesias
- Poor balance
- Speech disturbances
- Swallowing difficulties
- Tinnitus
- Vertigo
- Visual disturbances



At my practice in [Cave Creek Arizona](#), I have been treating most of the above-mentioned diseases simply by treating the vagus nerve and educating my patients on how to fight the pandemic Vagus Nerve Syndrome. Health providers, from general physicians to rehabilitation practitioners, need to address the root cause of this syndrome instead of treating its symptoms that doesn't fix the problem.

Call my office to make an appointment if you are experiencing any of the health issues above.



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Acupuncture for Life

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